From: *The British Journal of Psychology*, vol. V, pt. 2 (June, 1912), pp. 87-118.

'PSYCHICAL DISTANCE' AS A FACTOR IN ART AND AN AESTHETIC PRINCIPLE.

BY EDWARD BULLOUGH.

- I. 1. Meaning of the term 'Distance.'
 - 2. Distance as a factor in Art.
 - 3. Distance as an aesthetic principle.
- II. 1. Distance describes a personal relation.
 - 2. The antinomy of Distance.
 - 3. The variability of Distance.
 - 4. Distance as the psychological formulation of the anti-realism of Art: naturalistic and idealistic Art. [included in part]
 - 5. Distance as applied to the antithesis 'sensual' and 'spiritual.' [not included]
 - 6. Distance as applied to the antithesis 'individualistic' and 'typical.' [not included]
- III. Distance as an aesthetic principle
 - 1. as a criterion between the agreeable and the beautiful. [included in part]
 - 2. as a phase of artistic production: falsity of the theory of 'self-expression of the artist.' [included in part]
 - [3. Distance and some recent aesthetic theories.] [not included]
 - 4. Distance as a fundamental principle of the 'aesthetic consciousness.'

I.

1. THE conception of 'Distance' suggests, in connexion with Art, certain trains of thought by no means devoid of interest or of speculative importance. Perhaps the most obvious suggestion is that of *actual spatial* distance, i.e. the distance of a work of Art from the spectator, or that of *represented spatial* distance, i.e. the distance represented within the work. Less obvious, more metaphorical, is the [88] meaning of *temporal* distance. The first was noticed already by Aristotle in his *Poetics*; the second has played a great part in the history of painting in the form of perspective; the distinction between these two kinds of distance assumes special importance theoretically in the differentiation between sculpture in the round, and relief-sculpture. Temporal distance, remoteness from us in point of time, though often a cause of misconceptions, has been declared to be a factor of considerable weight in our appreciation.

It is not, however, in any of these meanings that 'Distance' is put forward here, though it will be clear in the course of this essay that the above mentioned kinds of distance are rather special forms of the conception of Distance as advocated here, and derive whatever *aesthetic* qualities they may possess from Distance in its *general* connotation. This general connotation is 'Psychical Distance.'

A short illustration will explain what is meant by 'Psychical Distance.' Imagine a fog at sea: for most people it is an experience of acute unpleasantness. Apart from the physical annoyance and remoter forms of discomfort such as delays, it is apt to produce feelings of peculiar anxiety, fears of invisible dangers, strains of watching and listening for distant and unlocalised signals. The listless movements of the ship and her warning calls soon tell upon the nerves of the passengers; and that special, expectant, tacit anxiety and nervousness, always associated with this experience, make a fog the dreaded terror of the sea (all the more terrifying because of its very silence and gentleness) for the expert seafarer no less than for the ignorant landsman.

Nevertheless, a fog at sea can be a source of intense relish and enjoyment. Abstract from the experience of the sea fog, for the moment, its danger and practical unpleasantness, just as every one in the enjoyment of a mountain-climb disregards its physical labour and its danger (though, it is not denied, that these may incidentally enter into the enjoyment and enhance it); direct the attention to the features 'objectively' constituting the phenomenon—the veil surrounding you with an opaqueness as of transparent milk, blurring the outline of things and distorting their shapes into weird grotesqueness; observe the carrying-power of the air, producing the impression as if you could touch some far-off siren by merely putting out your hand and letting it lose itself behind that white wall; note the curious creamy smoothness of the water, hypocritically denying as it were any suggestion of danger; and, above all, the strange solitude [89] and remoteness from the world, as it can be found only on the highest mountain tops: and the experience may acquire, in its uncanny mingling of repose and terror, a flavour of such concentrated poignancy and delight as to contrast sharply with the blind and distempered anxiety of its other aspects. This contrast, often emerging with startling suddenness, is like a momentary switching on of some new current, or the passing ray of a brighter light, illuminating the outlook upon perhaps the most ordinary and familiar objects—an impression which we experience sometimes in instants of direst extremity, when our practical interest snaps like a wire from sheer over-tension, and we watch the consummation of some impending catastrophe with the marvelling unconcern of a mere spectator.

It is a difference of outlook, due—if such a metaphor is permissible—to the insertion of Distance. This Distance appears to lie between our own self and its affections, using the latter term in its broadest sense as anything which affects our being, bodily or spiritually, e.g. as sensation, perception, emotional state or idea. Usually, though not always, it amounts to the same

thing to say that the Distance lies between our own self and such objects as are the sources or vehicles of such affections.

Thus, in the fog, the transformation by Distance is produced in the first instance by putting the phenomenon, so to speak, out of gear with our practical, actual self; by allowing it to stand outside the context of our personal needs and ends—in short, by looking at it 'objectively,' as it has often been called, by permitting only such reactions on our part as emphasise the 'objective' features of the experience, and by interpreting even our 'subjective' affections not as modes of our being but rather as characteristics of the phenomenon.

The working of Distance is, accordingly, not simple, but highly complex. It has a *negative*, inhibitory aspect—the cuttingout of the practical sides of things and of our practical attitude to them—and a *positive* side—the elaboration of the experience on the new basis created by the inhibitory action of Distance.

- 2. Consequently, this distanced view of things is not, and cannot be, our normal outlook. As a rule, experiences constantly turn the same side towards us, namely, that which has the strongest practical force of appeal. We are not ordinarily aware of those aspects of things which do not touch us immediately and practically, nor are we generally conscious of impressions apart from our own self which is impressed. The sudden view of things from their reverse, usually [90] unnoticed, side, comes upon us as a revelation, and such revelations are precisely those of Art. In this most general sense, Distance is a factor in all Art.
- 3. It is, for this very reason, also an aesthetic principle. The aesthetic contemplation and the aesthetic outlook have often been described as 'objective.' We speak of 'objective' artists as Shakespeare or Velasquez, of 'objective' works or art forms as Homer's *Iliad* or the drama. It is a term constantly occurring in discussions and criticisms, though its sense, if pressed at all, becomes very questionable. For certain forms of Art, such as lyrical poetry, are said to be 'subjective'; Shelley, for example, would usually be considered a 'subjective' writer. On the other hand, no work of Art can be genuinely 'objective' in the sense in which this term might be applied to a work on history or to a scientific treatise; nor can it be 'subjective' in the ordinary acceptance of that term, as a personal feeling, a direct statement of a wish or belief, or a cry of passion is subjective. 'Objectivity' and 'subjectivity' are a pair of opposites which in their mutual exclusiveness when applied to Art soon lead to confusion.

Nor are they the only pair of opposites. Art has with equal vigour been declared alternately 'idealistic' and 'realistic,' 'sensual' and 'spiritual,' 'individualistic' and 'typical.' Between the defence of either terms of such antitheses most aesthetic theories have vacillated. It is one of the contentions of this essay that such opposites find their synthesis in the more fundamental conception of Distance.

Distance further provides the much needed criterion of the beautiful as distinct from the merely agreeable.

Again, it marks one of the most important steps in the process of artistic creation and serves as a distinguishing feature of what is commonly so loosely described as the 'artistic temperament.'

Finally, it may claim to be considered as one of the essential characteristics of the 'aesthetic consciousness,'—if I may describe by this term that special mental attitude towards, and outlook upon, experience, which finds its most pregnant expression in the various forms of Art. [91]

II

Distance, as I said before, is obtained by separating the object and its appeal from one's own self, by putting it out of gear with practical needs and ends. Thereby the 'contemplation' of the object becomes alone possible. But it does not mean that the relation between the self and the object is broken to the extent of becoming 'impersonal.' Of the alternatives 'personal' and 'impersonal' the latter surely comes nearer to the truth; but here, as elsewhere, we meet the difficulty of having to express certain facts in terms coined for entirely different uses. To do so usually results in paradoxes, which are nowhere more inevitable than in discussions upon Art. 'Personal' and 'impersonal, 'subjective' and 'objective' are such terms, devised for purposes other than aesthetic speculation, and becoming loose and ambiguous as soon as applied outside the sphere of their special meanings. In giving preference therefore to the term 'impersonal' to describe the relation between the spectator and a work of Art, it is to be noticed that it is not impersonal in the sense in which we speak of the 'impersonal' character of Science, for instance. In order to obtain 'objectively valid' results, the scientist excludes the 'personal factor,' i.e. his personal wishes as to the validity of his results, his predilection for any particular system to be proved or disproved by his research. It goes without saying that all experiments and investigations are undertaken out of a personal interest in the science, for the ultimate support of a definite assumption, and involve personal hopes of success; but this does not affect the 'dispassionate' attitude of the investigator, under pain of being accused of 'manufacturing his evidence.'

1. Distance does not imply an impersonal, purely intellectually interested relation of such a kind. On the contrary, it describes a *personal* relation, often highly emotionally coloured, but *of a peculiar character*. Its peculiarity lies, in that the personal character of the relation has been, so to speak, filtered. It has been cleared of the practical, concrete nature of its appeal, without, however, thereby losing its original constitution. One of the best-known examples is to be found in our attitude towards the events and characters of the drama: they appeal to us like persons and incidents of normal experience, except that that side of their appeal, which would usually affect us in a directly personal manner, is held in abeyance. This difference, so well known

as to be almost trivial, is generally [92] explained by reference to the knowledge that the characters and situations are 'unreal,' imaginary. In this sense Witasek¹, operating with Meinong's theory of *Annahmen*, has described the emotions involved in witnessing a drama as Scheingefühle, a term which has so frequently been misunderstood in discussions of his theories. But, as a matter of fact, the 'assumption' upon which the imaginative emotional reaction is based is not necessarily the condition, but often the consequence, of Distance; that is to say, the converse of the reason usually stated would then be true: viz. that Distance, by changing our relation to the characters, renders them seemingly fictitious, not that the fictitiousness of the characters alters our feelings toward them. It is, of course, to be granted that the actual and admitted unreality of the dramatic action reinforces the effect of Distance. But surely the proverbial unsophisticated yokel whose chivalrous interference in the play on behalf of the hapless heroine can only be prevented by impressing upon him that 'they are only pretending,' is not the ideal type of theatrical audience. The proof of the seeming paradox that it is Distance which primarily gives to dramatic action the appearance of unreality and not vice versâ, is the observation that the same filtration of our sentiments and the same seeming 'unreality' of actual men and things occur, when at times, by a sudden change of inward perspective, we are overcome by the feeling that "all the world's a stage."

2. This personal, but 'distanced' relation (as I will venture to call this nameless character of our view) directs attention to a strange fact which appears to be one of the fundamental paradoxes of Art: it is what I propose to call 'the antinomy of Distance.'

It will be readily admitted that a work of Art has the more chance of appealing to us the better it finds us prepared for its particular kind of appeal. Indeed, without some degree of predisposition on our part, it must necessarily remain incomprehensible, and to that extent unappreciated. The success and intensity of its appeal would seem, therefore, to stand in direct proportion to the completeness with which it corresponds with our intellectual and emotional peculiarities and the idiosyncracies of our experience. The absence of such a concordance between the characters of a work and of the spectator is, of course, the most general explanation for differences of 'tastes.' [93]

At the same time, such a principle of concordance requires a qualification, which leads at once to the antinomy of Distance.

Suppose a man, who believes that he has cause to be jealous about his wife, witnesses a performance of 'Othello.' He will the more perfectly appreciate the situation, conduct and character of Othello, the more exactly the feelings and experiences of Othello coincide with his own—at least he *ought*

to on the above principle of concordance. In point of fact, he will probably do anything but appreciate the play. In reality, the concordance will merely render him acutely conscious of his own jealousy; by a sudden reversal of perspective he will no longer see Othello apparently betrayed by Desdemona, but himself in an analogous situation with his own wife. This reversal of perspective is the consequence of the loss of Distance.

If this be taken as a typical case, it follows that the qualification required is that the coincidence should be as complete as is compatible with maintaining Distance. The jealous spectator of 'Othello' will indeed appreciate and enter into the play the more keenly, the greater the resemblance with his own experience—provided that he succeeds in keeping the Distance between the action of the play and his personal feelings: a very difficult performance in the circumstances. It is on account of the same difficulty that the expert and the professional critic make a bad audience, since their expertness and critical professionalism are practical activities, involving their concrete personality and constantly endangering their Distance. [It is, by the way, one of the reasons why Criticism is an art, for it requires the constant interchange from the practical to the distanced attitude and vice versâ, which is characteristic of artists.]

The same qualification applies to the artist. He will prove artistically most effective in the formulation of an intensely *personal* experience, but he can formulate it artistically only on condition of a detachment from the experience *quâ personal*. Hence the statement of so many artists that artistic formulation was to them a kind of catharsis, a means of ridding themselves of feelings and ideas the acuteness of which they felt almost as a kind of obsession. Hence, on the other hand, the failure of the average man to convey to others at all adequately the impression of an overwhelming joy or sorrow. His personal implication in the event renders it impossible for him to formulate and present it in such a way as to make others, like himself, feel all the meaning and fulness which it possesses for him. [94]

What is therefore, both in appreciation and production, most desirable is the *utmost decrease of Distance without its disappearance*.

3. Closely related, in fact a presupposition to the 'antimony,' is the *variability of Distance*. Herein especially lies the advantage of Distance compared with such terms as 'objectivity' and 'detachment.' Neither of them implies a *personal* relation—indeed both actually preclude it; and the mere inflexibility and exclusiveness of their opposites render their application generally meaningless.

Distance, on the contrary, admits naturally of degrees, and differs not only according to the nature of the *object*, which may impose a greater or smaller degree of Distance, but varies also according to the *individual's capacity* for maintaining a greater or lesser degree. And here one may remark that not only do *persons differ from each other* in their habitual measure of

¹ H. Witasek, 'Zur psychologischen Analyse der aesthetischen Einfühlung,' *Ztsch. f. Psychol. u. Physiol. der Sinnesorg.* 1901, xxv. 1 ff.; *Grundzüge der Aesthetik*, Leipzig, 1904.

Distance, but that the *same individual differs* in his ability to maintain it in the face of different objects and of different arts.

There exist, therefore, two different sets of conditions affecting the degree of Distance in any given case: those offered by the object and those realised by the subject. In their interplay they afford one of the most extensive explanations for varieties of aesthetic experience, since loss of Distance, whether due to the one or the other, means loss of aesthetic appreciation.

In short, Distance may be said to be variable both according to the distancing-power of the individual, and according to the character of the object.

There are two ways of losing Distance: either to 'under-distance' or to 'over-distance.' 'Under-distancing' is the commonest failing of the *subject*, an excess of Distance is a frequent failing of *Art*, especially in the past. Historically it looks almost as if Art had attempted to meet the deficiency of Distance on the part of the subject and had overshot the mark in this endeavour. It will be seen later that this is actually true, for it appears that over-distanced Art is specially designed for a class of appreciation which has difficulty to rise spontaneously to any degree of Distance. The consequence of a loss of Distance through one or other cause is familiar: the verdict in the case of under-distancing is that the work is 'crudely naturalistic,' 'harrowing,' 'repulsive in its realism.' An excess of Distance produces the impression of improbability, artificiality, emptiness or absurdity.

The individual tends, as I just stated, to under-distance rather than to lose Distance by over-distancing. *Theoretically* there is no limit to [95] the decrease of Distance. In theory, therefore, not only the usual subjects of Art, but even the most personal affections, whether ideas, percepts or emotions, can be sufficiently distanced to be aesthetically appreciable. Especially artists are gifted in this direction to a remarkable extent. The average individual, on the contrary, very rapidly reaches his limit of decreasing Distance, his 'Distance-limit,' i.e. that point at which Distance is lost and appreciation either disappears or changes its character.

In the *practice*, therefore, of the average person, a limit does exist which marks the minimum at which his appreciation can maintain itself in the aesthetic field, and this average minimum lies considerably higher than the Distance-limit of the artist. It is practically impossible to fix this average limit, in the absence of data, and on account of the wide fluctuations from person to person to which this limit is subject. But it is safe to infer that, in art practice, explicit references to organic affections, to the material existence of the body, especially to sexual matters, lie normally below the Distance-limit, and can be touched upon by Art only with special precautions. Allusions to social institutions of any degree of personal importance—in particular, allusions implying any doubt as to their validity—the questioning of some generally recognised ethical sanctions, references to topical subjects occupying public attention at the moment, and such like, are all dangerously near the

average limit and may at any time fall below it, arousing, instead of aesthetic appreciation, concrete hostility or mere amusement.

This difference in the Distance-limit between artists and the public has been the source of much misunderstanding and injustice. Many an artist has seen his work condemned, and himself ostracized for the sake of so-called 'immoralities' which to him were *bonâ fide* aesthetic objects. His power of distancing, nay, the necessity of distancing feelings, sensations, situations which for the average person are too intimately bound up with his concrete existence to be regarded in that light, have often quite unjustly earned for him accusations of cynicism, sensualism, morbidness or frivolity. The same misconception has arisen over many 'problem plays' and 'problem novels' in which the public have persisted in seeing nothing but a supposed 'problem' of the moment, whereas the author may have been—and often has demonstrably been—able to distance the subject-matter sufficiently to rise above its practical problematic import and to regard it simply as a dramatically and humanly interesting situation.

The variability of Distance in respect to Art, disregarding for the [96] moment the subjective complication, appears both as a general feature in Art, and in the differences between the special arts.

It has been an old problem why the 'arts of the eye and of the ear' should have reached the practically exclusive predominance over arts of other senses. Attempts to raise 'culinary art' to the level of a Fine Art have failed in spite of all propaganda, as completely as the creation of scent or liqueur 'symphonies.' There is little doubt that, apart from other excellent reasons¹ of a partly psycho-physical, partly technical nature, the actual, spatial distance separating objects of sight and hearing from the subject has contributed strongly to the development of this monopoly. In a similar manner temporal remoteness produces Distance, and objects removed from us in point of time are *ipso facto* distanced to an extent which was impossible for their contemporaries. Many pictures, plays and poems had, as a matter of fact, rather an expositary or illustrative significance—as for instance much ecclesiastical Art—or the force of a direct practical appeal—as the invectives of many satires or comedies—which seem to us nowadays irreconcilable with their aesthetic claims. Such works have consequently profited greatly by lapse of time and have reached the level of Art only with the help of temporal distance, while others, on the contrary, often for the same reason have suffered a loss of Distance, through over-distancing.

Special mention must be made of a group of artistic conceptions which present excessive Distance in their form of appeal rather than in their actual presentation—a point illustrating the necessity of distinguishing between

-

¹ J. Volkelt, 'Die Bedeutung der niederen Empfindungen für die aesthetische Einfühlung,' Ztsch. für Psychol. u. Physiol. der Sinnesorg. xxxii. 15, 16; System der Aesthetik. 1905. i. 260 ff.

distancing an object and distancing the appeal of which it is the source. I mean here what is often rather loosely termed 'idealistic Art,' that is, Art springing from abstract conceptions, expressing allegorical meanings, or illustrating general truths. Generalisations and abstractions suffer under this disadvantage that they have too much general applicability to invite a personal interest in them, and too little individual concreteness to prevent them applying to us in all their force. They appeal to everybody and therefore to none. An axiom of Euclid belongs to nobody, just because it compels everyone's assent; general conceptions like Patriotism, Friendship, Love, Hope, Life, Death, concern as much Dick, Tom and Harry as myself, and I, therefore, either feel unable to get into any kind of personal relation to them, or, if I do so, they become at once, emphatically and concretely, my Patriotism, my Friendship, my [97] Love, my Hope, my Life and Death. By mere force of generalisation, a general truth or a universal ideal is so far distanced from myself that I fail to realise it concretely at all, or, when I do so, I can realise it only as part of my practical actual being, i.e. it falls below the Distancelimit altogether. 'Idealistic Art' suffers consequently under the peculiar difficulty that its excess of Distance turns generally into an under-distanced appeal—all the more easily, as it is the usual failing of the subject to under- rather than to over-distance.

The different special arts show at the present time very marked variations in the degree of Distance which they usually impose or require for their appreciation. Unfortunately here again the absence of data makes itself felt and indicates the necessity of conducting observations, possibly experiments, so as to place these suggestions upon a securer basis. In one single art, viz. the theatre, a small amount of information is available, from an unexpected source, namely the proceedings of the censorship committee¹, which on closer examination might be made to yield evidence of interest to the psychologist. In fact, the whole censorship problem, as far as it does not turn upon purely economic questions, may be said to hinge upon Distance; if every member of the public could be trusted to keep it, there would be no sense whatever in the existence of a censor of plays. There is, of course, no doubt that, speaking generally, theatrical performances eo ipso run a special risk of a loss of Distance owing to the material presentment² of its subject-matter. The physical presence of living human beings as vehicles of dramatic art is a difficulty which no art has to face in the same way. A similar, in many ways even greater, risk confronts dancing: though attracting perhaps a less widely spread human interest, its animal spirits are frequently quite unrelieved by any glimmer of spirituality and consequently form a proportionately stronger lure to under-distancing. In the higher forms of

.

dancing technical execution of the most wearing kind makes up a great deal for its intrinsic tendency towards a loss of Distance, and as a popular performance, at least in southern Europe, it has retained much of its ancient artistic glamour, producing a peculiarly subtle balancing of Distance between the pure delight of bodily movement and high technical accomplishment. In passing, it is interesting to observe (as bearing upon the development of Distance), that this art, [98] once as much a fine art as music and considered by the Greeks as a particularly valuable educational exercise, should—except in sporadic cases—have fallen so low from the pedestal it once occupied. Next to the theatre and dancing stands sculpture. Though not using a *living* bodily medium, yet the human form in its full spatial materiality constitutes a similar threat to Distance. Our northern habits of dress and ignorance of the human body have enormously increased the difficulty of distancing Sculpture, in part through the gross misconceptions to which it is exposed, in part owing to a complete lack of standards of bodily perfection, and an inability to realise the distinction between sculptural form and bodily shape, which is the only but fundamental point distinguishing a statue from a cast taken from life. In *painting* it is apparently the form of its presentment and the usual reduction in scale which would explain why this art can venture to approach more closely than sculpture to the normal Distance-limit. As this matter will be discussed later in a special connexion this simple reference may suffice here. Music and architecture have a curious position. These two most abstract of all arts show a remarkable fluctuation in their Distances. Certain kinds of music, especially pure music, or 'classical' or 'heavy' music, appear for many people over-distanced; light, 'catchy' tunes, on the contrary, easily reach that degree of decreasing Distance below which they cease to be Art and become a pure amusement. In spite of its strange abstractness which to many philosophers has made it comparable to architecture and mathematics, music possesses a sensuous, frequently sensual, character: the undoubted physiological and muscular stimulus of its melodies and harmonies, no less than its rhythmic aspects, would seem to account for the occasional disappearance of Distance. To this might be added its strong tendency, especially in unmusical people, to stimulate trains of thought quite disconnected with itself, following channels of subjective inclinations,—day-dreams of a more or less directly personal character. Architecture requires almost uniformly a very great Distance; that is to say, the majority of persons derive no aesthetic appreciation from architecture as such, apart from the incidental impression of its decorative features and its associations. The causes are numerous, but prominent among them are the confusion of building with architecture and the predominance of utilitarian purposes, which overshadow the architectural claims upon the attention.

4. That all art requires a Distance-limit beyond which, and a Distance within which only, aesthetic appreciation becomes possible, is *the psychological formulation of a general characteristic of Art*, viz. its [99]

¹ Report from the Joint Select Committee of the House of Lord, and the House of Commons on the Stage Plays (Censorship), 1909.

² I shall use the term ² presentment' to denote the manner of presenting, in distinction to 'presentation' as that which is presented.

anti-realistic nature. Though seemingly paradoxical, this applies as much to 'naturalistic' as to 'idealistic' Art. The difference commonly expressed by these epithets is at bottom merely the difference in the degree of Distance; and this produces, so far as 'naturalism' and 'idealism' in Art are not meaningless labels, the usual result that what appears obnoxiously 'naturalistic' to one person, may be 'idealistic' to another. To say that Art is anti-realistic simply insists upon the fact that Art is not nature, never pretends to be nature and strongly resists any confusion with nature. It emphasizes the art-character of Art: 'artistic' is synonymous with 'anti-realistic'; it explains even sometimes a very marked degree of artificiality.

"Art is an imitation of nature," was the, current art-conception in the 18th century. It is the fundamental axiom of the standard-work of that time upon aesthetic theory by the Abbé Du Bos, Réflexions critiques sur la poésie et la peinture, 1719; the idea received strong support from the literal acceptance of Aristotle's theory of $\mu i \mu \eta \sigma \iota \zeta$ and produced echoes everywhere, in Lessing's Laocoon no less than in Burke's famous statement that "all Art is great as it deceives." Though it may be assumed that since the time of Kant and of the Romanticists this notion has died out, it still lives in unsophisticated minds. Even when formally denied, it persists, for instance, in the belief that "Art idealises nature," which means after all only that Art copies nature with certain improvements and revisions. Artists themselves are unfortunately often responsible for the spreading of this conception. Whistler indeed said that to produce Art by imitating nature would be like trying to produce music by sitting upon the piano, but the selective, idealising imitation of nature finds merely another support in such a saying. Naturalism, pleinairism, impressionism,—even the guileless enthusiasm of the artist for the works of nature, her wealth of suggestion, her delicacy of workmanship, for the steadfastness of her guidance, only produce upon the public the impression that Art is, after all, an imitation of nature. Then how can it be anti-realistic? The antithesis, Art versus nature, seems to break down. Yet if it does, what is the sense of Art?

Here the conception of Distance comes to the rescue. The solution of the dilemma lies in the 'antinomy of Distance' with its demand: utmost decrease of Distance without its disappearance. The simple observation that Art is the more effective, the more it falls into line with our predispositions which are inevitably moulded on general experience and nature, has always been the original motive for [100] 'naturalism.' 'Naturalism,' 'impressionism' is no new thing; it is only a new name for an innate leaning of Art, from the time of the Chaldeans and Egyptians down to the present day. Even the Apollo of Tenea apparently struck his contemporaries as so startlingly 'naturalistic' that the subsequent legend attributed a superhuman genius to his creator. A constantly closer approach to nature, a perpetual refining of the limit of Distance, yet without overstepping the dividing line of art and nature, has always been the inborn bent of art. To deny this dividing line has occasionally

been the failing of naturalism. But no theory of naturalism is complete which does not at the same time allow for the intrinsic idealism of Art: for both are merely degrees in that wide range lying beyond the Distance-limit. To imitate nature so as to trick the spectator into the deception that it is nature which he beholds, is to forsake Art, its anti-realism, its distanced spirituality, and to fall below the limit into sham, sensationalism or platitude.

But what, in the theory of antinomy of Distance requires explanation is the existence of an idealistic, highly distanced Art. There are numerous reasons to account for it; indeed in so complex a phenomenon as Art, single causes can be pronounced almost a priori to be false. Foremost among such causes which have contributed to the formation of an idealistic Art appears to stand the subordination of Art to some extraneous purpose of an impressive, exceptional character. Such a subordination has consisted—at various epochs of Art history—in the use to which Art was put to subserve commemorative, hieratic, generally religious, royal or patriotic functions. The object to be commemorated had to stand out from among other still existing objects or persons; the thing or the being to be worshipped had to be distinguished as markedly as possible from profaner objects of reverence and had to be invested with an air of sanctity by a removal from its ordinary context of occurrence. Nothing could have assisted more powerfully the introduction of a high Distance than this attempt to differentiate objects of common experience in order to fit them for their exalted position. Curious, unusual things of nature met this tendency half-way and easily assumed divine rank; but others had to be distanced by an exaggeration of their size, by extraordinary attributes, by strange combinations of human and animal forms, by special insistence upon particular characteristics, or by the careful removal of all noticeably individualistic and concrete features. Nothing could be more striking than the contrast, for example, in Egyptian Art between the monumental, [101] stereotyped effigies of the Pharaohs, and the startlingly realistic rendering of domestic scenes and of ordinary mortals, such as "the Scribe" or "the Village Sheikh." Equally noteworthy is the exceeding artificiality of Russian eikon-painting with its prescribed attributes, expressions and gestures. Even Greek dramatic practice appears to have aimed, for similar purposes and in marked contrast to our stage-habits, at an increase rather than at a decrease of Distance. Otherwise Greek Art, even of a religions type, is remarkable for its low Distance value; and it speaks highly for the aesthetic capacities of the Greeks that the degree of realism which they ventured to impart to the representations of their gods, while humanising them, did not, at least at first¹, impair the reverence of their feelings towards them. But apart from such special causes, idealistic Art of great Distance has appeared at intervals, for apparently no other reason than that the great Dis-

. .1 *

¹ That this practice did, in course of time, undermine their religious faith, is clear from the plays of Euripides and from Plato's condemnation of Homer's mythology.

tance was felt to be essential to its art-character. What is noteworthy and runs counter to many accepted ideas is that such periods were usually epochs of a low level of general culture. These were times, which, like childhood, required the marvellous, the extraordinary, to satisfy their artistic longings, and neither realised nor cared for the poetic or artistic qualities of ordinary things. They were frequently times, in which the mass of the people were plunged in ignorance and buried under a load of misery, and in which even the small educated class sought rather amusement or a pastime in Art; or they were epochs of a strong practical common-sense too much concerned with the rough-and-tumble of life to have any sense of its aesthetic charms. Art was to them what melodrama is to a section of the public at the present time, and its wide Distance was the safeguard of its artistic character. The flowering periods of Art have, on the contrary, always borne the evidence of a narrow Distance. Greek Art, as just mentioned, was realistic to an extent which we, spoilt as we are by modern developments, can grasp with difficulty, but which the contrast with its oriental contemporaries sufficiently proves. During the Augustan period—which Art historians at last are coming to regard no longer as merely 'degenerated' Greek Art-Roman Art achieved its greatest triumphs in an almost naturalistic portrait-sculpture. In the Renaissance we need only think of the realism of portraiture, sometimes amounting almost to cynicism, of the désinvolture with which the mistresses of popes and dukes were posed as madonnas, saints and goddesses apparently without any detriment to the aesthetic appeal of [102] the works, and of the remarkable interpenetration of Art with the most ordinary routine of life, in order to realise the scarcely perceptible dividing line between the sphere of Art and the realm of practical existence. In a sense, the assertion that idealistic Art marks periods of generally low and narrowly restricted culture is the converse to the oft-repeated statement that the flowering periods of Art coincide with epochs of decadence: for this so-called decadence represents indeed in certain respects a process of disintegration, politically, racially, often nationally, but a disruption necessary to the formation of larger social units and to the breakdown of out-grown national restrictions. For this very reason it has usually also been the sign of the growth of personal independence and of an expansion of individual culture.

... [104] ...

As I explained earlier, the form of presentation sometimes endangers the maintenance of Distance, but it more frequently acts as a considerable support. Thus the bodily vehicle of *drama* is the chief factor of risk to Distance. But, as if to counterbalance a confusion with nature, other features of stage-presentation exercise an opposite influence. Such are the general theatrical *milieu*, the shape and arrangement of the stage, the artificial lighting, the costumes, *mise-en-scène* and make-up, even the language, especially verse. Modern reforms of staging, aiming primarily at the removal of artistic

incongruities between excessive decoration and the living figures of the actors and at the production of a more homogeneous stage-picture, inevitably work also towards a greater emphasis and homogeneity of Distance. The history of staging and dramaturgy is closely bound up with the evolution of Distance, and its fluctuations lie at the bottom not only of the greater part of all the talk and writing about 'dramatic probability' and the Aristotelian 'unities,' but also of 'theatrical illusion.' In sculpture, one distancing factor of presentment is its lack of colour. The aesthetic, or rather inaesthetic effect of realistic [105] colouring, is in no way touched by the controversial question of its use historically; its attempted resuscitation, such as by Klinger, seems only to confirm its disadvantages. The distancing use even of pedestals, although originally no doubt serving other purposes, is evident to anyone who has experienced the oppressively crowded sensation of moving in a room among life-sized statues placed directly upon the floor. The circumstance that the space of statuary is the same space as ours (in distinction to relief sculpture or painting, for instance) renders a distancing by pedestals, i.e. a removal from our spatial context, imperative¹. Probably the framing of pictures might be shown to serve a similar purpose—though paintings have intrinsically a much greater Distance—because neither their space (perspective and imaginary space) nor their lighting coincides with our (actual) space or light, and the usual reduction in scale of the represented objects prevents a feeling of undue proximity. Besides, painting always retains to some extent a two-dimensional character, and this character supplies eo ipso a Distance. Nevertheless, life-size pictures, especially if they possess strong relief, and their light happens to coincide with the actual lighting, can occasionally produce the impression of actual presence which is a far from pleasant, though fortunately only a passing, illusion. For decorative purposes, in pictorial renderings of vistas, garden-perspectives and architectural extensions, the removal of Distance has often been consciously striven after, whether with aesthetically satisfactory results is much disputed.

A general help towards Distance (and therewith an anti-realistic feature) is to be found in the 'unification of presentment²' of all art-objects. By unification of presentment are meant such qualities as symmetry, opposition, proportion, balance, rhythmical distribution of parts, light-arrangements, in fact all so-called 'formal' features, 'composition' in the widest sense. Unquestionably, Distance is not the only, nor even the principal function of composition; it serves to render our grasp of the presentation easier and to increase its intelligibility. It may even in itself constitute the principal aesthetic feature of the object, as in linear complexes or patterns, partly also in

¹ An instance which might be adduced to disprove this point only shows its correctness on closer inspection: for it was on purpose and with the intention of removing Distance, that Rodin originally intended his *citoyens de Calais* to be placed, without pedestals, upon the market-place of that town.

² See note 2, p.97.

architectural designs. Yet, its distancing effect can hardly be underrated. For, every kind of [106] visibly intentional arrangement or unification must, by the mere fact of its presence, enforce Distance, by distinguishing the object from the confused, disjointed and scattered forms of actual experience. This function can be gauged in a typical form in cases where composition produces an exceptionally marked impression of artificiality (not in the bad sense of that term, but in the sense in which all art is artificial); and it is a natural corollary to the differences of Distance in different arts and of different subjects, that the arts and subjects vary in the degree of artificiality which they can bear. It is this sense of artificial finish which is the source of so much of that elaborate charm of Byzantine work, of Mohammedan decoration, of the hieratic stiffness of so many primitive madonnas and saints. In general the emphasis of composition and technical finish increases with the Distance of the subject-matter: heroic conceptions lend themselves better to verse than to prose; monumental statues require a more general treatment, more elaboration of setting and artificiality of pose than impressionistic statuettes like those of Troubetzkoi; an ecclesiastic subject is painted with a degree of symmetrical arrangement which would be ridiculous in a Dutch interior, and a naturalistic drama carefully avoids the tableau impression characteristic of a mystery play. In a similar manner the variations of Distance in the arts go hand in hand with a visibly greater predominance of composition and 'formal' elements, reaching a climax in architecture and music. It is again a matter of 'consistency of Distance.' At the same time, while from the point of view of the artist this is undoubtedly the case, from the point of view of the public the emphasis of composition and technical finish appears frequently to relieve the impression of highly distanced subjects by diminishing the Distance of the whole. The spectator has a tendency to see in composition and finish merely evidence of the artist's 'cleverness,' of his mastery over his material. Manual dexterity is an enviable thing to possess in everyone's experience, and naturally appeals to the public practically, thereby putting it into a directly personal relation to things which intrinsically have very little personal appeal for it. It is true that this function of composition is hardly an aesthetic one: for the admiration of mere technical cleverness is not an artistic enjoyment, but by a fortunate chance it has saved from oblivion and entire loss, among much rubbish, also much genuine Art, which otherwise would have completely lost contact with our life.

> ... [108] ... III.

It remains to indicate the value of Distance as *an aesthetic principle:* as criterion in some of the standing problems of Aesthetics; as representing a phase of artistic creation; and as a characteristic feature of 'the 'aesthetic consciousness.'

1. The axiom 'hedonistic Aesthetics' is that beauty is pleasure. Unfortunately for hedonism the formula is not reversible: not all pleasure is beauty. Hence the necessity of some limiting criterion to separate the beautiful within the 'pleasure-field' from the merely agreeable. This relation of the beautiful to the agreeable is the ever recurring crux of all hedonistic Aesthetics, as the problem of this relation becomes inevitable when once the hedonistic basis is granted. It has provoked a number of widely different solutions, some manifestly wrong, and all as little satisfactory as the whole hedonistic groundwork upon which they rest: the shareableness of beauty as opposed to the 'monopoly' of the agreeable (Bain)¹, the passivity of beauty-pleasure (Grant Allen)², or most recently, the 'relative permanence of beauty-pleasure in revival' (H. R. Marshall)³.

Distance offers a distinction which is as simple in its operation as it is fundamental in its importance: the agreeable is a non-distanced pleasure. Beauty in the widest sense of aesthetic value is impossible without the insertion of Distance. The agreeable stands in precisely the same relation to the beautiful (in its narrower sense) as the sad stands to the tragic, as indicated earlier. Translating the above formula, one may say, that the agreeable is felt as an affection of our concrete, practical self; the centre of gravity of an agreeable experience lies in the self which experiences the agreeable. The aesthetic experience, on the contrary, has its centre of gravity in itself or in the object mediating it, not in the self which has been distanced out of the field of the inner vision of the experiencer: "not the fruit of experience, but experience itself, is the end." It is for this reason that to be asked in the midst of an intense aesthetic impression "whether one likes it," is like a somnambulist being called by name: it is a recall to one's concrete self, an awakening of practical consciousness which throws the [109] whole aesthetic mechanism out of gear. One might almost venture upon the paradox that the more intense the aesthetic absorption, the less one "likes," consciously, the experience. The failure to realise this fact, so fully borne out by all genuine artistic experience, is the fundamental error of hedonistic Aesthetics.

... [110] ...

... Most people imagine that because they are not colour-blind, physically or spiritually, and prefer to live in a coloured world rather than in an engraving, they possess an aesthetic appreciation of colour as such. This is the sort of fallacy which hedonistic art-theories produce, and the lack of an exchange of views on the subject only fosters. Everybody believes that he enjoys col-

¹ Bain, The Emotions and the Will, 2nd ed. 1850.

² G. Allen, *Physiological Aesthetics*, 1897.

³ H. R. Marshall, *Pain*, *Pleasure and Aesthetics*, 1894; *Aesthetic Principles*, 1895.

⁴ [* Walter Pater, concl. to *Studies in the History of the Renaissance*, later *The Renaissance: Studies in Art and Poetry*, 1873, p. 210.]

our—and for that matter other things—just like anyone else. Yet rather the contrary is the case. By far the greater number, when asked why they like a colour, will answer, that they like it, because it strikes them as warm or cold, stimulating or soothing, heavy or light. They constitute a definite type of colour-appreciation and form about sixty per cent. of all persons. The remainder assumes, for the greater part, a different attitude. Colours do not appeal to them as effects (largely organic) upon themselves. Their appreciation attributes to colours a kind of personality: colours are energetic, lively, serious, pensive, melancholic, affectionate, subtle, reserved, stealthy, treacherous, brutal, etc. These characters are not mere imaginings, left to the whim of the individual, romancing whatever he pleases into the colours, nor are they the work simply of accidental associations. They follow, on the contrary, definite rules in their applications; they are, in fact, the same organic effects as those of the former type, but transformed into, or interpreted as, attributes of the colour, instead of as affections of one's own self. In short, they are the result of the distancing of the organic effects: they form an aesthetic appreciation of colour, instead of a merely agreeable experience like those of the former kind¹.

... [113] ...

2. The importance of Distance in artistic creation has already been briefly alluded to in connexion with the 'antinomy of Distance.'

Distancing might, indeed, well be considered as the especial and primary function of what is called the 'creative act' in artistic production: distancing is the formal aspect of creation in Art. The view that the artist 'copies nature' has already been dismissed. Since the 'imitation-of-nature' theory was officially discarded at the beginning of the 19th century, its place in popular fancy has been taken by the conception of the 'self-expression of the artist,' supported by the whole force of the Romantic Movement in Europe. Though true as a crude statement of the subjective origin of an artistic conception, though in many ways preferable to its predecessor and valuable as a corollary of such theories as that of the 'organic growth' of a work of Art, it is apt to lead to confusions and to one-sided inferences, to be found even in such deliberate and expert accounts of artistic production as that of Benedetto Croce². For, to start with, the 'self-expression' of an artist is not such as the 'self-expression' of a letter-writer or a public speaker: it is not the direct expression of the concrete personality of the artist; it is not even an *indirect* expression of his concrete personality, in the sense in which, for instance, Hamlet's 'self-expression' might be supposed to be the indirect reflexion of Shakespeare's ideas. Such a denial, it might be argued, runs counter to the

¹ Cf. E. Bullough, 'The Perceptive Problem in the Aesthetic Appreciation of Single Colours,' this *Journal*, 1908, ii. 406 ff.

observation that in the [114] works of a literary artist, for example, are to be found echoes and mirrorings of his times and of his personal experiences and convictions. But it is to be noted that to find these is in fact impossible, unless you previously know what reflexions to look for. Even in the relatively most direct transference from personal experiences to their expression, viz. in lyrical poetry, such a connexion cannot be established backwards, though it is easy enough to prove it forwards: i.e. given the knowledge of the experiences, there is no difficulty in tracing their echoes, but it is impossible to infer biographical data of any detail or concrete value from an author's works alone. Otherwise Shakespeare's Sonnets would not have proved as refractory to biographical research as they have done, and endless blunders in literary history would never have been committed. What proves so impossible in literature, which after all offers an exceptionally adequate medium to 'self-expression,' is a fortiori out of question in other arts, in which there is not even an equivalence between the personal experiences and the material in which they are supposed to be formulated. The fundamental two-fold error of the 'self-expression' theory is to speak of 'expression' in the sense of 'intentional communication,' and to identify straightway the artist and the man. An intentional communication is as far almost from the mind of the true artist as it would be from that of the ordinary respectable citizen to walk about naked in the streets, and the idea has repeatedly been indignantly repudiated by artists. The second confusion is as misleading in its theoretical consequences, as it is mischievous and often exceedingly painful to the 'man' as well as to the 'artist.' The numberless instances in history of the astonishing difference, often the marked contrast between the man and his work is one of the most disconcerting riddles of Art, and should serve as a manifest warning against the popular illusion of finding the artist's 'mind' in his productions¹.

Apart from the complication of technical necessities, of conventional art-forms, of the requirements of unification and composition, all impeding the direct transference of an actual mental content into its artistic formulation, there is the interpolation of Distance which stands between the artist's conception and the man's. For the 'artist' himself is already, distanced from the concrete, historical personality, who ate and drank and slept and did the ordinary business of life. No doubt here also are *degrees* of Distance, and the 'antinomy' applies to this case too. [115] Some figures in literature and other arts are unquestionably self-portraits; but even self-portraits are not, and cannot be, the direct and faithful cast taken from the living soul. In short, so far from being 'self-expression,' *artistic production is the indirect formulation of a distanced mental content*.

¹ Some well-known examples of this difference are, for instance: Mozart, Beethoven, Watteau, Murillo, Molière, Schiller, Verlaine, Zola.

² Benedelto Croce, *Aesthetic*, translated by Douglas Ainslie, Macmillan, 1909.

I give a short illustration of this fact. A well-known dramatist described to me the process of production as taking place in his case in some such way as follows:

The starting-point of his production is what he described as an 'emotional idea,' i.e. some more or less general conception carrying with it a strong emotional tone. This idea may be suggested by an actual experience; anyhow the idea itself is an actual experience, i.e. it occurs within the range of his normal, practical being. Gradually it condenses itself into a situation made up of the interplay of certain characters, which may be of partly objective, partly imaginative descent. Then ensues what he described as a "life and death struggle" between the idea and the characters for existence: if the idea gains the upper hand, the conception of the whole is doomed. In the successful issue, on the contrary, the idea is, to use his phrase, "sucked up" by the characters as a sponge sucks up water, until no trace of the idea is left outside the characters. It is a process, which, he assured me, he is quite powerless to direct or even to influence. It is further of interest to notice that during this period the idea undergoes sometimes profound, often wholesale changes. Once the stage of complete fusion of the idea with the characters is reached, the conscious elaboration of the play can proceed. What follows after this, is of no further interest in this connexion.

This account tallies closely with the procedure which numerous dramatists are known to have followed. It forms a definite type. There are other types, equally well supported by evidence, which proceed along much less definite lines of a semi-logical development, but rather show sudden flash-like illuminations and much more subconscious growth.

The point to notice is the "life and death struggle" between the idea and the characters. As I first remarked, the idea is the 'man's,' it is the reflexion of the dramatist's concrete and practical self. Yet this is precisely the part which must "die." The paradox of just the germ-part of the whole being doomed, particularly impressed my informant as a kind of life-tragedy. The 'characters' on the other hand belong to the imaginary world, to the 'artist's.' Though they may be partially [116] suggested by actuality, their full-grown development is divorced from it. This process of the 'idea' being "sucked up" by the characters and being destroyed by it, is a phase of artistic production technically known as the 'objectivation' of the conception. In it the 'man' dies and the 'artist' comes to life, and with him the work of Art. It is a change of death and birth in which there is no overlapping of the lives of parent and child. The result is the distanced finished production. As elsewhere, the distancing means the separation of personal affections, whether idea or complex experience, from the concrete personality of the experiencer, its filtering by the extrusion of its personal aspects, the throwing out of gear of its personal potency and significance.

... [117] ...

4. In this way Distance represents in aesthetic appreciation as well as in artistic production a quality inherent in the impersonal, yet *so* intensely personal, relation which the human being entertains with Art, either as mere beholder or as producing artist.

It is Distance which makes the aesthetic object 'an end in itself.' It is that which raises Art beyond the narrow sphere of individual interest and imparts to it that 'postulating' character which the idealistic philosophy of the 19th century regarded as a metaphysical necessity. It renders questions of origin, of influences, or of purposes almost as meaningless as those of marketable value, of pleasure, even of moral importance, since it lifts the work of Art out of the realm of practical systems and ends. [118]

In particular, it is Distance, which supplies one of the special criteria of aesthetic values as distinct from practical (utilitarian), scientific, or social (ethical) values. All these are concrete values, either *directly* personal as utilitarian, or *indirectly* remotely personal, as moral values. To speak, therefore, of the 'pleasure value' of Art, and to introduce hedonism into aesthetic speculation, is even more irrelevant than to speak of moral hedonism in Ethics. Aesthetic hedonism is a compromise. It is the attempt to reconcile for public use utilitarian ends with aesthetic values. Hedonism, as a practical, personal appeal has no place in the distanced appeal of Art. Moral hedonism is even more to the point than aesthetic hedonism, since ethical values, *quâ* social values, lie on the line of prolougation of utilitarian ends, sublimating indeed the *directly* personal object into the realm of socially or universally valuable ends, often demanding the sacrifice of individual happiness, but losing neither its *practical* nor even its *remotely personal* character.

In so far, Distance becomes one of the distinguishing features of the 'aesthetic consciousness,' of that special mentality or outlook upon experience and life, which, as I said at the outset, leads in its most pregnant and most fully developed form, both appreciatively and productively, to Art.

(Manuscript received March 17, 1912.)