Selections from Plato's *Phaedo*
(Benjamin Jowett, trans.)

[This assignment consists of three selections. The first appears in the dialogue before the one we discussed last time. It provides background for the second, which comes almost immediately after last time's selection. The third is a short selection from later in the dialogue.]

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73a-76a

But tell me, Cebes, said Simmias, interposing, what proofs are given of this doctrine of recollection? I am not very sure at this moment that I remember them.

One excellent proof, said Cebes, is afforded by questions. If you put a question to a person in a right way, he will give a true answer of himself; but how could he do this unless there were knowledge and right reason already in him? And this is most clearly shown when he is taken to a diagram or to anything of that sort.

But if, said Socrates, you are still incredulous, Simmias, I would ask you whether you may not agree with me when you look at the matter in another way; I mean, if you are still incredulous as to whether knowledge is recollection.

Incredulous, I am not, said Simmias; but I want to have this doctrine of recollection brought to my own recollection, and, from what Cebes has said, I am beginning to recollect and be convinced; but I should still like to hear what more you have to say.

This is what I would say, he replied: We should agree, if I am not mistaken, that what a man recollects he must have known at some previous time.

Very true.

And what is the nature of this recollection? And, in asking this, I mean to ask whether, when a person has already seen or heard or in any way perceived anything, and he knows not only that, but something else of which he has not the same, but another knowledge, we may not fairly say that he recollects that which comes into his mind. Are we agreed about that?

What do you mean?

I mean what I may illustrate by the following instance: The knowledge of a lyre is not the same as the knowledge of a man?

True.

And yet what is the feeling of lovers when they recognize a lyre, or a garment, or anything else which the beloved has been in the habit of using? Do not they, from knowing the lyre, form in the mind's eye an image of the youth to whom the lyre belongs? And this is recollection: and in the same way anyone who sees Simmias may remember Cebes; and there are endless other things of the same nature.

Yes, indeed, there are—endless, replied Simmias.

And this sort of thing, he said, is recollection, and is most commonly a process of recovering that which has been forgotten through time and inattention.

Very true, he said.

Well; and may you not also from seeing the picture of a horse or a lyre remember a man? and from the picture of Simmias, you may be led to remember Cebes?

True.

Or you may also be led to the recollection of Simmias himself?

True, he said.

And in all these cases, the recollection may be derived from things either like or unlike?

That is true.

And when the recollection is derived from like things, then there is sure to be another question, which is, whether the likeness of that which is recollected is in any way defective or not.

Very true, he said.

And shall we proceed a step further, and affirm that there is such a thing as equality, not of wood with wood, or of stone with stone, but that, over and above this, there is equality in the abstract? Shall we affirm this?

Affirm, yes, and swear to it, replied Simmias, with all the confidence in life.

And do we know the nature of this abstract essence?

To be sure, he said.

And whence did we obtain this knowledge? Did we not see equalities of material things, such as pieces of wood and stones, and gather from them the idea of an equality which is different from them?—you will admit that? Or look at the matter again in this way: Do not the same pieces of wood or stone appear at one time equal, and at another time unequal?

That is certain.

But are real equals ever unequal? or is the idea of equality ever in-

equality?

That surely was never yet known, Socrates.

Then these (so-called) equals are not the same with the idea of equality?

I should say, clearly not, Socrates.

And yet from these equals, although differing from the idea of equality, you conceived and attained that idea?

Very true, he said.

Which might be like, or might be unlike them?

Yes.

But that makes no difference; whenever from seeing one thing you conceived another, whether like or unlike, there must surely have been an act of recollection?

Very true.

But what would you say of equal portions of wood and stone, or other material equals? and what is the impression produced by them? Are they equals in the same sense as absolute equality? or do they fall short of this in a measure?

Yes, he said, in a very great measure, too.

And must we not allow that when I or anyone look at any object, and perceive that the object aims at being some other thing, but falls short of, and cannot attain to it—he who makes this observation must have had previous knowledge of that to which, as he says, the other, although similar, was inferior?

Certainly.

And has not this been our case in the matter of equals and of absolute equality?

Precisely.

Then we must have known absolute equality previously to the time when we first saw the material equals, and reflected that all these apparent equals aim at this absolute equality, but fall short of it?

That is true.

And we recognize also that this absolute equality has only been known, and can only be known, through the medium of sight or touch, or of some other sense. And this I would affirm of all such conceptions.

Yes, Socrates, as far as the argument is concerned, one of them is the same as the other.

And from the senses, then, is derived the knowledge that all sensible things aim at an idea of equality of which they fall short—is not that

true?

Yes.

Then before we began to see or hear or perceive in any way, we must have had a knowledge of absolute equality, or we could not have referred to that the equals which are derived from the senses—for to that they all aspire, and of that they fall short?

That, Socrates, is certainly to be inferred from the previous statements.

And did we not see and hear and acquire our other senses as soon as we were born?

Certainly.

Then we must have acquired the knowledge of the ideal equal at some time previous to this?

Yes.

That is to say, before we were born, I suppose?

True.

And if we acquired this knowledge before we were born, and were born having it, then we also knew before we were born and at the instant of birth not only equal or the greater or the less, but all other ideas; for we are not speaking only of equality absolute, but of beauty, goodness, justice, holiness, and all which we stamp with the name of essence in the dialectical process, when we ask and answer questions. Of all this we may certainly affirm that we acquired the knowledge before birth?

That is true.

But if, after having acquired, we have not forgotten that which we acquired, then we must always have been born with knowledge, and shall always continue to know as long as life lasts—for knowing is the acquiring and retaining knowledge and not forgetting. Is not forgetting, Simmias, just the losing of knowledge?

Quite true, Socrates.

But if the knowledge which we acquired before birth was lost by us at birth, and afterwards by the use of the senses we recovered that which we previously knew, will not that which we call learning be a process of recovering our knowledge, and may not this be rightly termed recollection by us?

Very true.

For this is clear, that when we perceived something, either by the help of sight or hearing, or some other sense, there was no difficulty in receiving from this a conception of some other thing like or unlike which had been forgotten and which was associated with this; and therefore, as I

was saying, one of two alternatives follows: either we had this knowledge at birth, and continued to know through life; or, after birth, those who are said to learn only remember, and learning is recollection only.

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85d-86d

… And now, as you bid me, I will venture to question you, as I should not like to reproach myself hereafter with not having said at the time what I think. For when I consider the matter either alone or with Cebes, the argument does certainly appear to me, Socrates, to be not sufficient.

Socrates answered: I dare say, my friend, that you may be right, but I should like to know in what respect the argument is not sufficient.

In this respect, replied Simmias: Might not a person use the same argument about harmony and the lyre—might he not say that harmony is a thing invisible, incorporeal, fair, divine, abiding in the lyre which is harmonized, but that the lyre and the strings are matter and material, composite, earthy, and akin to mortality? And when someone breaks the lyre, or cuts and rends the strings, then he who takes this view would argue as you do, and on the same analogy, that the harmony survives and has not perished; for you cannot imagine, as we would say, that the lyre without the strings, and the broken strings themselves, remain, and yet that the harmony, which is of heavenly and immortal nature and kindred, has perished—and perished too before the mortal. The harmony, he would say, certainly exists somewhere, and the wood and strings will decay before that decays. For I suspect, Socrates, that the notion of the soul which we are all of us inclined to entertain, would also be yours, and that you too would conceive the body to be strung up, and held together, by the elements of hot and cold, wet and dry, and the like, and that the soul is the harmony or due proportionate admixture of them. And, if this is true, the inference clearly is that when the strings of the body are unduly loosened or overstrained through disorder or other injury, then the soul, though most divine, like other harmonies of music or of the works of art, of course perishes at once, although the material remains of the body may last for a considerable time, until they are either decayed or burnt. Now if anyone maintained that the soul, being the harmony of the elements of the body, first perishes in that which is called death, how shall we answer him?

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91e-95a

… What did you think, he said, of that part of the argument in which

we said that knowledge was recollection only, and inferred from this that the soul must have previously existed somewhere else before she was enclosed in the body? Cebes said that he had been wonderfully impressed by that part of the argument, and that his conviction remained unshaken. Simmias agreed, and added that he himself could hardly imagine the possibility of his ever thinking differently about that.

But, rejoined Socrates, you will have to think differently, my Theban friend, if you still maintain that harmony is a compound, and that the soul is a harmony which is made out of strings set in the frame of the body; for you will surely never allow yourself to say that a harmony is prior to the elements which compose the harmony.

No, Socrates, that is impossible.

But do you not see that you are saying this when you say that the soul existed before she took the form and body of man, and was made up of elements which as yet had no existence? For harmony is not a sort of thing like the soul, as you suppose; but first the lyre, and the strings, and the sounds exist in a state of discord, and then harmony is made last of all, and perishes first. And how can such a notion of the soul as this agree with the other?

Not at all, replied Simmias.

And yet, he said, there surely ought to be harmony when harmony is the theme of discourse.

There ought, replied Simmias.

But there is no harmony, he said, in the two propositions that knowledge is recollection, and that the soul is a harmony. Which of them, then, will you retain?

I think, he replied, that I have a much stronger faith, Socrates, in the first of the two, which has been fully demonstrated to me, than in the latter, which has not been demonstrated at all, but rests only on probable and plausible grounds; and I know too well that these arguments from probabilities are impostors, and unless great caution is observed in the use of them they are apt to be deceptive—in geometry, and in other things too. But the doctrine of knowledge and recollection has been proven to me on trustworthy grounds; and the proof was that the soul must have existed before she came into the body, because to her belongs the essence of which the very name implies existence. Having, as I am convinced, rightly accepted this conclusion, and on sufficient grounds, I must, as I suppose, cease to argue or allow others to argue that the soul is a harmony.

Let me put the matter, Simmias, he said, in another point of view: Do you imagine that a harmony or any other composition can be in a state other than that of the elements out of which it is compounded?

Certainly not.

Or do or suffer anything other than they do or suffer?

He agreed.

Then a harmony does not lead the parts or elements which make up the harmony, but only follows them.

He assented.

For harmony cannot possibly have any motion, or sound, or other quality which is opposed to the parts.

That would be impossible, he replied.

And does not every harmony depend upon the manner in which the elements are harmonized?

I do not understand you, he said.

I mean to say that a harmony admits of degrees, and is more of a harmony, and more completely a harmony, when more completely harmonized, if that be possible; and less of a harmony, and less completely a harmony, when less harmonized.

True.

But does the soul admit of degrees? or is one soul in the very least degree more or less, or more or less completely, a soul than another?

Not in the least.

Yet surely one soul is said to have intelligence and virtue, and to be good, and another soul is said to have folly and vice, and to be an evil soul: and this is said truly?

Yes, truly.

But what will those who maintain the soul to be a harmony say of this presence of virtue and vice in the soul?—Will they say that there is another harmony, and another discord, and that the virtuous soul is harmonized, and herself being a harmony has another harmony within her, and that the vicious soul is inharmonical and has no harmony within her?

I cannot say, replied Simmias; but I suppose that something of that kind would be asserted by those who take this view.

And the admission is already made that no soul is more a soul than another; and this is equivalent to admitting that harmony is not more or less harmony, or more or less completely a harmony?

Quite true.

And that which is not more or less a harmony is not more or less harmonized?

True.

And that which is not more or less harmonized cannot have more or less of harmony, but only an equal harmony?

Yes, an equal harmony.

Then one soul not being more or less absolutely a soul than another, is not more or less harmonized?

Exactly.

And therefore has neither more nor less of harmony or of discord?

She has not.

And having neither more nor less of harmony or of discord, one soul has no more vice or virtue than another, if vice be discord and virtue harmony?

Not at all more.

Or speaking more correctly, Simmias, the soul, if she is a harmony, will never have any vice; because a harmony, being absolutely a harmony, has no part in the inharmonical?

No.

And therefore a soul which is absolutely a soul has no vice?

How can she have, consistently with the preceding argument?

Then, according to this, if the souls of all animals are equally and absolutely souls, they will be equally good?

I agree with you, Socrates, he said.

And can all this be true, think you? he said; and are all these consequences admissible—which nevertheless seem to follow from the assumption that the soul is a harmony?

Certainly not, he said.

Once more, he said, what ruling principle is there of human things other than the soul, and especially the wise soul? Do you know of any?

Indeed, I do not.

And is the soul in agreement with the affections of the body? or is she at variance with them? For example, when the body is hot and thirsty, does not the soul incline us against drinking? and when the body is hungry, against eating? And this is only one instance out of ten thousand of the opposition of the soul to the things of the body.

Very true.

But we have already acknowledged that the soul, being a harmony, can never utter a note at variance with the tensions and relaxations and vibrations and other affections of the strings out of which she is composed;

she can only follow, she cannot lead them?

Yes, he said, we acknowledged that, certainly.

And yet do we not now discover the soul to be doing the exact opposite—leading the elements of which she is believed to be composed; almost always opposing and coercing them in all sorts of ways throughout life, sometimes more violently with the pains of medicine and gymnastic; then again more gently; threatening and also reprimanding the desires, passions, fears, as if talking to a thing which is not herself, as Homer in the "Odyssey" represents Odysseus doing in the words,

He beat his breast, and thus reproached his heart:
Endure, my heart; far worse hast thou endured!

Do you think that Homer could have written this under the idea that the soul is a harmony capable of being led by the affections of the body, and not rather of a nature which leads and masters them; and herself a far diviner thing than any harmony?

Yes, Socrates, I quite agree to that.

Then, my friend, we can never be right in saying that the soul is a harmony, for that would clearly contradict the divine Homer as well as ourselves.

True, he said.

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97b-99c

… I heard someone who had a book of Anaxagoras, as he said, out of which he read that mind was the disposer and cause of all, and I was quite delighted at the notion of this, which appeared admirable, and I said to myself: If mind is the disposer, mind will dispose all for the best, and put each particular in the best place; and I argued that if anyone desired to find out the cause of the generation or destruction or existence of anything, he must find out what state of being or suffering or doing was best for that thing, and therefore a man had only to consider the best for himself and others, and then he would also know the worse, for that the same science comprised both. And I rejoiced to think that I had found in Anaxagoras a teacher of the causes of existence such as I desired, and I imagined that he would tell me first whether the earth is flat or round; and then he would further explain the cause and the necessity of this, and would teach me the nature of the best and show that this was best; and if he said that the earth was in the centre, he would explain that this position was the best, and I should be satisfied if this were shown to me, and not want any other sort of cause. And I thought that I would then go and

ask him about the sun and moon and stars, and that he would explain to me their comparative swiftness, and their returnings and various states, and how their several affections, active and passive, were all for the best. For I could not imagine that when he spoke of mind as the disposer of them, he would give any other account of their being as they are, except that this was best; and I thought when he had explained to me in detail the cause of each and the cause of all, he would go on to explain to me what was best for each and what was best for all. I had hopes which I would not have sold for much, and I seized the books and read them as fast as I could in my eagerness to know the better and the worse.

What hopes I had formed, and how grievously was I disappointed! As I proceeded, I found my philosopher altogether forsaking mind or any other principle of order, but having recourse to air, and ether, and water, and other eccentricities. I might compare him to a person who began by maintaining generally that mind is the cause of the actions of Socrates, but who, when he endeavored to explain the causes of my several actions in detail, went on to show that I sit here because my body is made up of bones and muscles; and the bones, as he would say, are hard and have ligaments which divide them, and the muscles are elastic, and they cover the bones, which have also a covering or environment of flesh and skin which contains them; and as the bones are lifted at their joints by the contraction or relaxation of the muscles, I am able to bend my limbs, and this is why I am sitting here in a curved posture: that is what he would say, and he would have a similar explanation of my talking to you, which he would attribute to sound, and air, and hearing, and he would assign ten thousand other causes of the same sort, forgetting to mention the true cause, which is that the Athenians have thought fit to condemn me, and accordingly I have thought it better and more right to remain here and undergo my sentence; for I am inclined to think that these muscles and bones of mine would have gone off to Megara or Boeotia—by the dog of Egypt they would, if they had been guided only by their own idea of what was best, and if I had not chosen as the better and nobler part, instead of playing truant and running away, to undergo any punishment which the State inflicts. There is surely a strange confusion of causes and conditions in all this. It may be said, indeed, that without bones and muscles and the other parts of the body I cannot execute my purposes. But to say that I do as I do because of them, and that this is the way in which mind acts, and not from the choice of the best, is a very careless and idle mode of speaking. I wonder that they cannot distinguish the cause from

the condition, which the many, feeling about in the dark, are always mistaking and misnaming. And thus one man makes a vortex all round and steadies the earth by the heaven; another gives the air as a support to the earth, which is a sort of broad trough. Any power which in disposing them as they are disposes them for the best never enters into their minds, nor do they imagine that there is any superhuman strength in that; they rather expect to find another Atlas of the world who is stronger and more everlasting and more containing than the good is, and are clearly of opinion that the obligatory and containing power of the good is as nothing; and yet this is the principle which I would fain learn if anyone would teach me.…

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