Abstract for final paper

The basis for this paper is rather simple. I want to make it a paper revolving around the political and social constructions that lie around the monopolization of the food industry and in the way that I see it; a control of the people to the point where the people are themselves icons of profit and of a patent.

The three works that I'd like to use with this paper are the following:

- The film, "Food Inc." This will be one of the primary subjects that I will use, since I will be using quotes, data and the opinions that are expressed in the film. It has a very strong output as to what monopolization of big enterprises has done to the consequences of cheap and overproduced items.
- "The Omnivore's Conundrum" is my second work that I'd like to work with. This was a very mind-opening book since it raised some initial questions as to what it truly was that we were consuming, but even more importantly, *how* we got to the level of "sophisticated tastes" and the adaptation to different poisons. It is also worthwhile to mention that it discusses some primitive inhibitions to consume certain nutrients whether they be fat, protein or carbs.
- I'd also like to use the latest reading, "How Junk Food Can End Obesity". This goes hand in hand with both of the previous works that I stated. I like this one quite a bit since it tends to focus a lot on what exactly people mislabel as "healthy foods". I feel like this article has a lot of potency as to what exactly is the epidemic that plagues the nation which "Food Inc." really tends to be one-sided about.

In conclusion, the paper is really going to revolve around a political stance unveiling what the problem really is; that the poluli is causing on themselves and how the big enterprises are responding with. People demand "healthier", more "organic" foods but "healthier" isn't always cheap. "Healthier" isn't always what the people demand nor need.